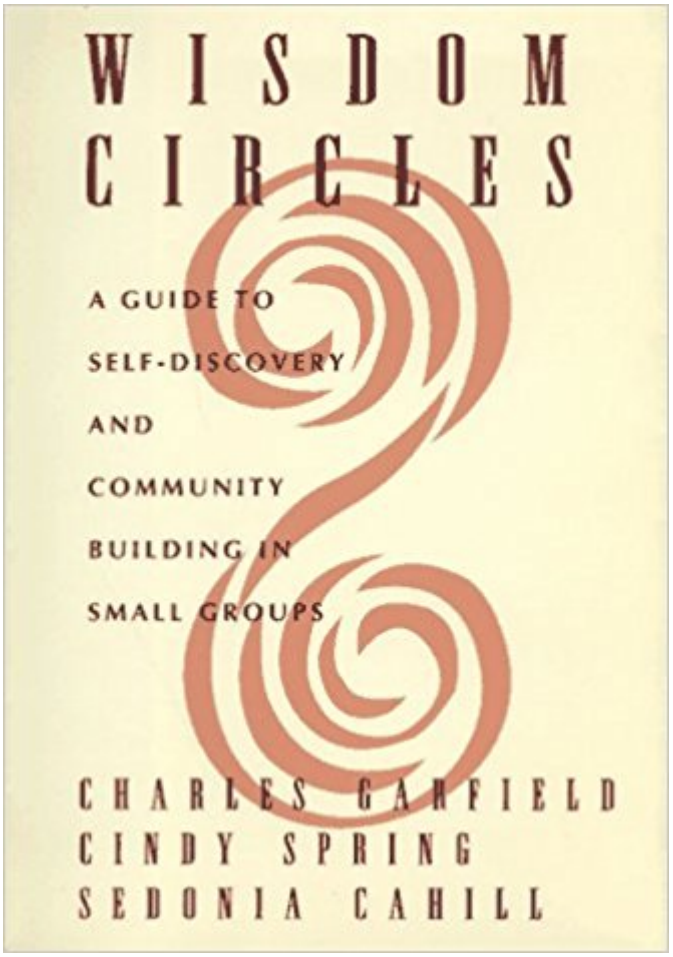
Ebook Directory
the best source of ebook

The book was found

Wisdom Circles: A Guide To Self Discovery And Community Building In Small Groups



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

Gathering in small group circles to heal, share, and celebrate has moved from new age workshops and 12-step programs into the mainstream. This practical, inspirational guide shows readers how to use the power of the circle to effect changes in their lives and in their communities Targeted print ads .

Book Information

Hardcover: 256 pages

Publisher: Hyperion; 1st edition (February 23, 1998)

Language: English

ISBN-10: 0786862769

ISBN-13: 978-0786862764

Product Dimensions: 5.8 x 1 x 8.6 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 11 customer reviews

Best Sellers Rank: #713,039 in Books (See Top 100 in Books) #141 inÃ Â Books > Religion & Spirituality > New Age & Spirituality > Self-Help #664 inÃ Â Books > Christian Books & Bibles > Christian Living > Leadership #779 inÃ Â Books > Religion & Spirituality > Religious Studies > Leadership

Customer Reviews

At a time of increasing loneliness and individualism, Wisdom Circles provides an outline for creating your own spiritual, social, and/or consciousness-raising group. The authors--Charles Garfield, psychologist and the author of Peak Performers; Sedonia Cahill, director of a group that helps people become more spiritual; and Cindy Spring, founder of the Wisdom Circles organization--describe a structured setting in which people can meet regularly for whatever purpose they choose: getting to know each other better, sharing personal and social concerns, or just offering mutual support and healing. You'll find guidelines to help participants create rituals to begin and end a session, agree on a goal or discussion subject for each meeting, create a safe and confidential environment, and allow each member to "co-facilitate" the gathering. There's also information on dealing with problematic members, such as those with psychological problems or those who are too narcissistic or rigid in their beliefs to participate in an open, wide-ranging dialogue. Whether you're looking for ways to improve an existing group or are considering starting your own gathering of supportive friends, Wisdom Circles will help you get started; the group itself

will tell you where to go from there.

The idea that a group is more than a sum of individuals is a social science axiom, and this book offers a New Age exploration of that premise. Rooted in gathering traditions, wisdom circles are discussion groups oriented to healing, sharing, celebrating, and other purposes. With his collaborators, Garfield (psychiatry, Univ. of California, San Francisco) outlines the "ten constants" that form the essence of wisdom circles. They provide guidance on how to start and sustain such groups, along with rich case study material on those involving AIDS patients, men, and corporate clients. Some readers might be put off by the book’s jargon, e.g., talking stick, and no empirical evidence is presented to show that circles accomplish their lofty aims. However, the material is well organized and applies to diverse circumstances and groups. Inspirational yet practical, this book is highly recommended for public libraries and collections serving social service and other group leaders.?Antoinette Brinkman, Southwest Indiana Mental Health Ctr., EvansvilleCopyright 1998 Reed Business Information, Inc.

I was so pleased to get the Wisdom Circles book. We will be usingthe concept for some upcoming meetings. Now I have the informationI was seeking.Evonne S.

This is a practical handbook about creating a compassionate and safe community where listening and authenticity happen in a gentle way. Whether you call this gathering a peacemaking circle, talking circle or restorative circle, you will find this to be a thoughtful and complete guidebook to circle keeping. Gathering in Circles is a practice of the ages, so updates to using a wisdom circle aren’t as necessary as a comprehensive understanding of them. This book provides that.

Our UU church is starting Wisdom Circles in the fall, and I didn’t know much about them until I read this book. The author lays out 10"commandments" regarding how to do Wisdom Circles. They are an approach to small group ministry that would work for any denomination, including non-Christian groups. Wisdom Circles can also be created around any topic that a small group of people wish to explore deeply. This is a book I will keep and read again.

This book is really lovely. I have wanted to start a healing circle in my community for quite some time. My therapist gave me this book and then I bought a copy to have as an extra. Highly recommended.

Wisdom Circles is a practical and informative handbook about creating, facilitating, and sustaining community circles. I highly recommend this book.

Glad to get a copy in good shape of this reference book.

Delivery was fast and packaging was adequate. I am planning on taking it with me on my vacation this year to read, but just looking at the table of contents I was impressed.

Wisdom Circles was written, the authors say, to help people call a circle--"a safe space within which to be authentic, trusting, caring, and open to change" The book offers "Constants" for circle work. When we come to a circle, we honor its processes and purposes as if they are sacred; we create a "safe container" and a "collective center" (transforming "I" into "we"); we speak and listen from the heart, with gratitude; we invite silence; we commit to and empower one another through a continuing relationship.Wisdom Circles also helps us to improve our practice of circle work by offering ideas for opening and closing rituals, sustaining the process, and meeting challenges. If you are facilitating or working in a circle, you will find this book both helpful and inspiring.by Susan Wittig Albertfor [...]reviewing books by, for, and about women

Download to continue reading...

Wisdom Circles: A Guide to Self Discovery and Community Building in Small Groups Groups and Symmetries: From Finite Groups to Lie Groups (Universitext) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Discovery Map 85: Cork Kerry (Discovery Maps): Cork Kerry (Discovery Maps) (Irish Discovery Series) Leading Life-Changing Small Groups (Groups that Grow) Confidence: How to Build Powerful Self Confidence, Boost Your Self Esteem and Unleash Your Hidden Alpha (Confidence, Self Confidence, Self Esteem, Charisma, ... Skills, Motivation, Self Belief Book 8) Self Love: F*cking Love Your Self Raise Your Self Raise Your Self-Confidence (Self Compassion,Love Yourself,Affirmations Book 3) A Teen's Self-Discovery Workbook in Astrology (Self-Discovery Workbooks in Astrology 2) Building Powerful Community Organizations: A Personal Guide to Creating Groups that Can Solve Problems and Change the World The Connecting Church 2.0: Beyond Small Groups to Authentic Community Patai's 1992 Guide to the Chemistry of Functional Groups (Patai's Chemistry of Functional Groups) The Mathematical Theory of Symmetry in Solids: Representation Theory for Point Groups and Space

Groups (Oxford Classic Texts in the Physical Sciences) Making Small Groups Work: What Every Small Group Leader Needs to Know One Anothering, Volume 1: Biblical Building Blocks for Small Groups Transformational Groups: Creating a New Scorecard for Groups The Chemistry of Double-Bonded Functional Groups, Supplement A3, 2 Part Set (Patai's Chemistry of Functional Groups) NAVY SEAL: Self Discipline: How to Become the Toughest Warrior: Self Confidence, Self Awareness, Self Control, Mental Toughness (Navy Seals Mental Toughness) Community Organizing and Community Building for Health and Welfare, 3rd Edition Community Organizing and Community Building for Health and Welfare Ladies Like Us: A modern girl's guide to self-discovery, self-confidence and love (The Darling Academy Book 1)

Contact Us

DMCA

Privacy

FAQ & Help